



Crown Prep Post-op instructions

You can expect:

- Gums to be sore for a few days.

What you can do:

- Warm salt water rinses - 1 cup of warm water, 1 tsp of salt. Swish for 30 seconds. This promotes healing. Do this for 3 days (more doesn't hurt).
- And/or take Ibuprofen (60mmg) or Tylenol (500mg) - if you need.

What not to do:

- Don't eat anything hard or sticky on the temporary crown side - this is will break your temporary crown or pull it off. If it comes off or breaks, don't panic. Call the office, we'll put it back on for you or make you a new one.

Should I floss?

- Yes. Put the floss in between, hug both sides and pull it out the side.

See you back soon for the permanent crown insert!